



LENAWEE COUNTY

HEALTH DEPARTMENT

School Isolation and Quarantine Protocol Overview

As of 1/12/2022

Protocol is subject to change at any time.

Definitions:

- **Isolation:** Separates a person known or reasonably believed to be sick with COVID-19 and infectious, from others who are not infected. Individuals who are COVID-19 positive must isolate.
- **Quarantine:** Staying home after exposure to someone who has been diagnosed with COVID-19. An individual who has been infected with the virus that causes COVID-19 may not show symptoms for up to 14 days. Some individuals may never show symptoms but are COVID-19 positive and can still spread the virus.
- **Fully Vaccinated:** Someone who:
 - Is 5-17 years old and has completed a primary COVID-19 vaccination series **more than 2 weeks ago** (Pfizer or Moderna)
 - A primary vaccination series is 2 doses of either Pfizer or Moderna
- **Up-to-date on Vaccination:** Someone who:
 - Is 18+ years old and has completed a primary COVID-19 vaccination series **within 5 months** (Pfizer or Moderna) or **within 2 months** (J&J) **OR**
 - Is 18+ years old and has received all recommended vaccine doses, including boosters and additional primary shots for some immunocompromised people
 - The CDC recommends that individuals stay up to date by receiving any additional doses they are eligible for to ensure they have the optimal protection against COVID-19.
<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>
- **Not-Fully Vaccinated:** Someone who:
 - Is 5-17 years old and has not completed a COVID-19 vaccination series of Pfizer or Moderna (only received one dose)
 - Is 18+ years old and has been vaccinated **more than 5 months ago** (Pfizer or Moderna) or **more than 2 months ago** (J&J) without receiving a booster dose
 - Completed a COVID-19 vaccination series **less than 2 weeks ago**
- **Unvaccinated:** Someone who has not received a COVID-19 vaccine.
- **Close Contact:** Someone who was less than 6 feet away from the infected person for a cumulative total of 15 minutes or more over a 24-hour period.
- **Improving symptoms:** Symptoms such as cough, runny nose, and congestion have gotten noticeably better. No fever for at least 24 hours without the use of fever-reducing medication. Some symptoms like fatigue, loss of taste and smell may last for a longer period of time.

Isolation Protocol - Someone who has tested positive for COVID-19:

- Parents shall notify the school if their child becomes COVID-19 positive
- Positive case (regardless of vaccination status) is required to isolate for a minimum of 5 days before returning to school. Individuals must have improving symptoms and be fever free for 24 hours without fever-reducing medication prior to returning to school on the 6th day. **Strict mask usage is required by individuals on days 6-10.** KN95, N95, or surgical masks are preferred to cloth masks if possible.
- If the individual is unwilling/unable to wear a mask for days 6-10 they are to isolate at home for those days.
- Taking a rapid antigen test on day 5 of isolation is highly recommended to reduce the risk of spreading COVID-19 to others.
 - If negative, end isolation on day 6 and wear a well fitted mask for days 6-10.
 - If positive, continue to isolate through day 10 or until you get a negative rapid antigen test result, if you wish to continue testing. If a negative rapid antigen result is received before day 10, the individual must continue to remain masked in school through day 10.
- If the individual is without symptoms at the time of the test, and later develops symptoms, isolation restarts as day 1. Schools should be notified so they may update their records.

Isolation Protocol – Extracurricular Activities

Positive individuals whose symptoms have improved and are returning to school for day 6-10, may participate in extracurricular activities, such as sports, as long as they wear a well fitted mask at all times (except when eating) including any indoor or outdoor practices or games.

It is strongly recommended that positive individuals take a rapid antigen test on day 5 before returning to school or any other activities even while masked.

Isolation Protocol – Lunch

Individuals returning on day 6-10 after a positive test should eat lunch in a separated area from other students.

Quarantine Protocol – A non-household contact that is exposed to COVID-19:

- A fully vaccinated individual (age 5-17) OR an up-to-date individual (18+) without symptoms is recommended to:
 - Wear a well fitted mask for 10 days
 - KN95, N95, or surgical masks are preferred to cloth masks if possible.
 - Get a COVID-19 test on day 5, if possible
 - Stay home if symptoms develop and get tested
 - If test comes back positive, isolate for 5 days and wear a mask for an additional 5 days.
 - If test comes back negative, the individual may return to school once symptoms have improved (no fever, vomiting, diarrhea for at least 24 hours).

- An unvaccinated, not-fully vaccinated (age 5-17), or not up-to-date (age 18+) individual without symptoms is expected to:
 - *Option 1 - Test to Stay:* Individual will be tested for COVID-19 over a 6-day period. Individual is required to wear a well fitted mask during the testing period. After testing for 6 days with negative results, the individual will continue to wear a well fitted mask for an additional 4 days for a total of 10 days.
 - **Positive test result:** Individual begins isolation period from positive test date.
 - **Negative test result:** Individual continues attending school in a well fitted mask.
 - *Option 2 - Stay at home and quarantine for 5 days.* After 5 days, an individual may return to school if they are not showing any signs or symptoms of COVID-19. Individual is required to wear a well fitted mask for 5 additional days.
 - Get a COVID-19 test on day 5, if possible.
 - Stay home if symptoms develop and get tested.
 - KN95, N95, or surgical masks are preferred to cloth masks if possible.
 - *Option 3:* Stay at home for 10 days. If the individual is unwilling or unable to wear a mask for days 6-10 after exposure. They are to quarantine at home for a total of 10 days.
 - Monitor for symptoms of COVID-19. If symptoms develop, isolate immediately and get tested for COVID-19.

- If an individual has a documented positive case of COVID-19 within the last 90 days, this individual does not have to quarantine. Individual is recommended to wear a well fitted mask for 10 days.
 - Documentation must be provided to the health department.
 - KN95, N95, or surgical masks are preferred to cloth masks if possible.

Quarantine Protocol – A household contact to someone who has tested positive for COVID-19:

- A fully vaccinated (age 5-17) or up-to-date (age 18+) individual without symptoms is recommended to:
 - Wear a well fitted mask for 10 days
 - Get a COVID-19 test on day 5, if possible
 - Stay home if symptoms develop and get tested
- An unvaccinated, not-fully vaccinated (age 5-17), or not up-to-date (age 18+) individual is required to:
 - *Option A: Stay away* – If the close contact can completely stay away from the positive individual, the close contact is to quarantine for 5 days. After 5 days, if the close contact remains without symptoms, they may return to school in a well fitted mask for 5 days.
 - Staying away includes being in a separate room than the positive individual, using a separate bathroom if possible, not sharing personal household items, and wearing a well fitted mask when they need to be around others.
 - Monitor for symptoms of COVID-19. If symptoms develop, isolate immediately and get tested for COVID-19.
 - *Option B: Cannot stay away* – If the positive individual and the close contact are unable to stay away from one another during the positive person’s isolation period, the close contact will quarantine for a total of 10 days. They may return to school on days 11-15 while wearing a well fitted mask.

- Monitor for symptoms of COVID-19. If symptoms develop, isolate immediately and get tested for COVID-19.
- If an individual has a documented positive case of COVID-19 within the last 90 days, this individual does not have to quarantine. Individual is recommended to wear a mask for 10 days.
 - Documentation must be provided to the health department.
 - KN95, N95, or surgical masks are preferred to cloth masks if possible.

Quarantine Protocol – Extracurricular Activities

Students participating in extracurricular activities such as drama, sports, etc. must wear a well fitted mask at all times (except when eating) including any indoor or outdoor practices or games. This applies to all times individuals are required to wear a mask in school including: individuals participating in *Option 1: Test to Stay*, individuals in day 6-10 of *Option 2* and household contacts in day 6-10 of *Option A*, and household contacts in day 11-15 of *Option B*.